

### PARISH STAFF ev. Msgr. Frank G. Del Prete Pastor, ext. 302

Rev. Martin Rooney Weekend Assistant

Office Administrator, ext. 301

Luis Alfredo Lozano, Pastoral Assoc. Christine Ferreri, PT Pastoral Assoc.

Stacie Yao, Director of Music Jessika Santulli , Youth Minister

### **RELIGIOUS EDUCATION**

Patricia Pula, M.A.R.E.
Director, ext. 303
Safe Environment Coordinator

### PARISH SCHOOL

St. John's Academy, Hillsdale

## St. Gabriel the Archangel Catholic Church

88 EAST SADDLE RIVER ROAD

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(201) 327-5663 — (201) 327-7881 — Fax (201) 327-7063

WWW.STGABRIELSR.ORG

EMAIL: OFFICE@STGABRIELSR.ORG

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Weekdays: 9:00 AM (including Saturday) — (Summer)

Monday and Friday: 9:00 AM

Tuesday, Wednesday and Thursday: 6:30AM and 9:00 AM — (Winter)

Saturday Evening: 5:00 PM

Sundays: 8:00 AM 10:00 AM 11:30 AM and 6:00PM (Sent - May)

Holy Days: Please see bulletin for schedule

### **PENANCE:**

Saturday: 4:00-5:00 PM. At the Parish anytime by appointment. Communal Celebration of Penance periodically throughout the year.

### **BAPTISMS**:

Our parish family rejoices in the birth of your children. To prepare for baptism, parents are expected to attend one preparation meeting. Please call the parish office for the schedule of preparation meetings and Baptism celebration.

### **MARRIAGES:**

Our parish is honored to host your marriage celebration. In order to accomplish all of the necessary preparations, arrangements should be made with one of the priests at least one year in advance. Pre-Cana and God's Plan for a Joy-Filled Marriage classes can be arranged through the Family Life Office of the Archdiocese of Newark at www.rcan.org.

### **MINISTRY TO THE SICK:**

For those of advanced age or seriously ill, Holy Communion will be brought to the home of any person permanently or temporarily homebound. Please contact the parish office.

### **PARISH MEMBERSHIP:**

Please register at the parish office. This is a wise way of acquiring a sense of belonging to our Parish Community.

# from the Pastor

Today we celebrate Jesus' return to heaven. If we struggle to know how to feel about this event, we take our cue from Jesus' disciples. These disciples are first-hand witnesses to the Ascension, returning afterword to Jerusalem, where "they were continually in the temple praising God." Long-time companions of the Lord, they surely feel the pain of physical separation from Jesus. Yet they praise God continually. They accept God's plan, looking forward to the day when Christ will come again. As our reading from Hebrews affirms, Christ will return to "bring salvation to those who eagerly await him." This Good News is almost too much to take in; the Acts of the Apostles explains that an angel has to wake the disciples from their stupor, reminding them to start the Lord's work. Today's readings are our own angel, sending us forth in joyful hope.

Stay safe, Fr. Frank

### THE SOLEMNITY OF THE ASCENSION OF THE LORD IS TRANSFERRED TO SUNDAY



The Bishops of New Jersey have permanently transferred the observance of the Ascension of the Lord to the following Sunday. In 2022, the Ascension will be celebrated on Sunday, May 29, with its vigil on the evening of Saturday, May 28.

### THE KNIGHTS CORNER



Once again, the parishioners of Saint Gabriel's have stepped up to the plate in a big way, by contributing \$770.00 to our 'Shake-The-Can' fund raiser in support of children with special needs due to cognitive disabilities. Your generosity continues to inspire us to carry out our works of charity. Thank

you!!

<u>Did you know?</u> The Knights of Columbus have a long history with Saint Mother Teresa. Upon receiving the Knights' Gaudium et Spes Award, she said of the Knights, "I accepted to come, and to accept out of sheer gratitude, for they have done so much for our congregation and for our poor."

If you are interested in joining the St. Gabriel's Knights of Columbus, contact a current member or send us an email at knights@stgabrielsr.org.

### FINANCIAL REPORT

The amount of the collection for May 22 was \$10,677.72. Thank you for your continued generosity & God bless you and your families.

### **OUR PARISH COMMUNITY PRAYS FOR:**

Our Newly Baptized: Madison Noelle Svarnas.

### Our sick and homebound:

Salvatore Averso
Daniel Castillo
Dawn Conguisti
Salvatore DiTarsia
Ada Fields
Meg Gallagher
Grace Gilbert
Bill Hamilton
Bob Kleinknecht
Joan Massotti
Bill O'Donnel
Bob Re
Nicole Trotta

### WHAT IS CATHOLIC GUILT?

Popular culture often refers negatively to "Catholic Guilt," implying that Catholics are weighed down by a regretful awareness of having done wrong. Actually, guilt has a purpose. Our conscience is like the compass in our car, and guilt is what tells us we're going the wrong way. It helps us to get back on the road - in this case, to Heaven.

There's good guilt and bad guilt. Good guilt is what someone feels if he did something he knew was wrong on purpose, i.e. if he sinned. Sin hurts our relationship with God and is harmful to us. "Healthy" guilt calls for a contrite heart and a change of behavior. For Catholics, guilt should disappear when we're forgiven in Confession.

However, guilt with no corresponding sin, or lingering guilt over confessed sins, is bad guilt. This "useless" guilt denies God's goodness, mercy and power to save. It also robs us of peace and joy. If you struggle with bad guilt, talk to a priest, counselor or trusted friend for help.

### IMPORTANT ANNOUNCEMENTS

The last 6 PM Mass until September will be on May 22. The last 6:30 AM Mass for the summer will be May 31.

Beginning May 27, the parish office will be closed on Fridays throughout the summer.

#### HELP US TO STAY IN TOUCH WITH YOU

The parish uses a communication system called Flocknote to send email and text messages to parishioners. Flocknote has been an important way for us to stay in touch with you during the pandemic. If you have not been receiving emails or texts from the parish and would like to receive them, please call the parish office at (201) 327-5663 to give your contact information.

#### A PRAYER FOR UKRAINE

God of love,
Our world is wrought with war and violence,
as brother turns on brother,
and the innocent awake to gunfire and bombs.
May Your compassion and healing
move hearts and bring a new day to Ukraine.
Fortify your children to resist aggression
And instead become instruments of peace.
We ask this in the name of the One
who is the Prince of Peace, Jesus Christ.
Amen

### SUMMER BASKETBALL CAMP

Rutgers University – Newark will be running its 20<sup>th</sup> annual Summer Basketball Program for children ages 6-17. The program is July 11-15; July 18-22; July 25-29 and August 1 -5, 2022 from 8:30 AM to 4 PM. We offer early drop off and late pick up Free of Charge. The cost for one week is \$185. Discount rates if you attend more than one week. For more information/brochure please call Joe Loughran at (973) 353-1483 or email at <a href="mailto:loughran@rutgers.edu">loughran@rutgers.edu</a>.

#### FIND PEACE IN DIFFICULT TIMES

If you follow news about national or world events, the reporting can rob you of peace. With stories of financial insecurity, unemployment, disease, depression and division, how can we find peace?

**Talk it out.** Bringing worries into the light and confiding them to someone we trust can cut them down to size. Even better - talk about worries with God. Prayer has the added advantage of surrendering your problems into powerful hands. "Jesus I trust in You!"

Focus on what you can do not what you can't. Stress results from feeling powerless. Focusing on what we can't do can "paralyze" our problem solving abilities. Start making a list of steps you can take toward solving your problem. Whatever is beyond your control, leave to God.

Immerse yourself in God's all-powerful love. Whether we feel it or not, whether we believe it or not, we are God's precious children. He watches over us very closely. He knows what we can handle and is more than ready to help us with all the rest.

### CAN YOU SEE GOD?

Are you aware of God's presence in your life? Looking for ways in which he blesses us rather than thinking about prayers he hasn't yet answered makes us more aware of how he moves in our lives. Of course, God is always with us whether we see him or not. Ask him to give you eyes to see him. "Trust always in your God. He does not lose battles." - St. Josemaria Escriva.

### BERGEN CATHOLIC HIGH SCHOOL



BC Lead On Program: The Bergen Catholic LEAD ON Program is a three-week summer enrichment program designed for students entering 7th and 8th grades. It provides a stimulating classroom experience in which students will explore and enjoy a

variety of topics. Program Descriptions and Registration can be found on the BC website. For questions, contact Matt Rosa '08, VP of Admissions at mrosa@bergencatholic.org.

# THE ACADEMY OF HOLY ANGELS Graduation Activities Class of 2022

Livestream Baccalaureate Liturgy Friday June 3, 2022 At 10 O'Clock AM

> Graduation Ceremony Friday, June 3, 2022 At 10 O'Clock AM

### SAINT OF THE WEEK SAINT JOANNA Feast Day : May 24



We know St. Joanna only through Luke's Gospel. In Chapter 8, we learn that she was the wife of a man named Chuza, who was a steward to Herod. In this brief account she, along with Mary Magdalene, a woman Susanna, and "many others", is described as providing for Jesus out of personal resources as he traveled, preaching

and healing in many villages and cities.

The other time Joanna is referenced is of course the account of Easter morning in Chapter 24. She was one of the women who arrived at the tomb with spices to prepare His body for burial, but found the stone moved and the body gone. They were confronted with two men in dazzling clothes who told them that He had Risen, and reminded them of Jesus' own words that He would be crucified and rise again. The women left the tomb and told the apostles what they had seen and heard.

Though we know so little about her, it would seem she was a generous and devoted woman. She served our Lord in His ministry as well as after His death. In both descriptions she used her own means to provide for Him, and in return she had the honor of being one of the first people to truly understand His Resurrection.

# Mass Intentions

### **SATURDAY, May 28, 2022**

9:00 AM William Walsh 5:00 PM Msgr. Joseph Petrillo

### SUNDAY, May 29, 2022

8:00 AM Richard Esposito 10:00 AM John R. Bruno 11:30 AM Frances Stassi

### MONDAY, May 30, 2022

9:00 AM Theresa & Edward Stuhr

### **TUESDAY, May 31, 2022**

6:30 AM For the People of the Parish

9:00 AM Rosemary Arndt

### WEDNESDAY, June 1, 2022

9:00 AM Richard Cancilla

### THURSDAY, June 2, 2022

9:00 AM Michael Hayes

### FRIDAY, June 3, 2022

9:00 AM Terry & Leonard Marcel

### SATURDAY, June 4, 2022

9:00 AM James Dugan 5:00 PM Ross Gordon

### **SUNDAY, June 5, 2022**

8:00 AM Richard Esposito 10:00 AM William P. Deegan 11:30 AM Floyd Lafferty



The Altar Bread and Wine consecrated during the week of May 29 is for Betty & Tony Moravek requested by Jay & Betty Ann Bouton.



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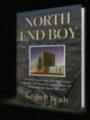
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### NORTH END BOY

A memoir of Catholic conversion set on the gritty streets of Elizabeth and Newark in 1978. Over an eventful two days, seven young friends come of age against a backdrop of urban crime, abandoned factories and political corruption.

Proceeds from book sales will be donated to St. Benedict's Preparatory School in Newark, NJ, which is featured in the book.





northendboy.com

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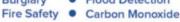
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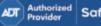
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